

Jefferson Cary Foundation

2008 Annual Appeal



**What is a
legacy?**

Nearly a century of philanthropy

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FOR MORE INFORMATION

Please contact us for more information on how you can utilize your charitable giving to improve the quality of health care in your community.

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MISSION

We are a charitable foundation committed to reduce human suffering through health care excellence and dedicated to the physical and mental well-being of all those who are touched by its generosity.



What is a legacy? It is something passed down from one generation to the next. It is a reputation, a tradition, a set of values, or principles, or achievement that live on well beyond the life of any one person. Cary Medical Center represents the legacy of Dr. Jefferson B. Cary who, at the time of his death, bequeathed a large portion of his estate to the City of Caribou to build a hospital. His legacy endures with a medical center featuring advanced technology and potential beyond even his imagination.

Throughout the history of Cary Medical Center, others have left their mark, like Dr. Mead Hayward, the County's first pediatrician, Dr. Francis Chan, our first orthopedic surgeon, and so many others. The Chan Center and the Hayward Suite at Cary Medical Center established a permanent remembrance of these outstanding individuals.

We have been blessed by your generosity over the years. Occasionally a unique act of philanthropy makes it possible for an entire population of patients to benefit from the very latest in treatment. Such was the case of John and Rosemary Hede of Stockholm. Their kindness and generosity created a living legacy by establishing a new Stroke Rehabilitation Program. The tragedy of a sudden and often debilitating stroke changes lives of victims, their families and communities. Today, marvelous new adaptive equipment can help stroke victims regain independence or assist in the tasks of daily living.

Thanks to John and Rosemary Hede, Cary was able to purchase a complete array of adaptive equipment, and through a comprehensive Neuro-Rehabilitation Program, a number of patients who have suffered from strokes are now surviving and thriving with a higher quality of life. It was a simple act of kindness that will touch the lives of hundreds over years of treatment.



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The Hede family established deep lineage in the New Sweden and Stockholm communities. John Hede was one of twelve children growing up in the Swedish settlement in the magnificent "postcard" countryside in northern Maine. At one time or another all twelve brothers and sisters received medical services at Cary Medical Center. John put it very simply. "There is a certain comfort in coming to a hospital where you know a lot of the nurses and staff. You know them, and they know you. We've always been so happy with the care we've received at Cary. Because my father and brother both had strokes, it seemed appropriate to help with starting up this new program."

The Hedes were not thinking of their own legacy when they made their generous donation. They were thinking about what their gift would mean to the courageous victims of stroke and their families, who struggle bravely through their recovery. The Hede's generosity will be permanently honored through the Jefferson Cary Foundation Tree of Life.

In 2009 Cary Medical Center will celebrate our 85th Anniversary as part of Caribou's 150th Bicentennial. Your gift to the Annual Appeal will help sustain our vision, "...to create a healthier community."

A gift of \$1,000 or more will establish a leaf on our Tree of Life, which is displayed in the hospital's main entrance lobby. Of course, a gift in any amount is deeply appreciated. All gifts to the Annual Appeal become part of the Jefferson Cary Foundation Endowment Fund. The principle of this fund remains forever, and when the fund reaches \$500,000 the interest it generates will

be used to help with the health care needs of our community. For more information contact Mary Harrigan, administrator of the Jefferson Cary Foundation.

The Jefferson Cary Foundation wishes to thank John and Rosemary Hede for allowing us to share their legacy story and for their generosity. Today, the Jefferson Cary Foundation invites you to create your legacy by supporting the 2008 Annual Appeal.

