

O C T O B E R 2 0 1 9

Jefferson Cary Foundation News



Our Foundation Board of Directors, (seated, L-R), Kris Doody, RN, CEO, Cary Medical Center & Pines Health Services; Tamra Kilcollins, JCF Executive Director; Pamela Scheppele, and Mary Ann Chasse; (standing, L-R), Norman Collins, Treasurer; David Wakem; Dr. Shawn Laferriere; Dr. Craig Small; Peter Doebeiner, President and Craig Staples.

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Congratulations Cary Medical Center
on celebrating 95 Years of Caring



MISSION

The primary purpose of the Jefferson Cary Foundation is to support and enhance the programs and services at Cary Medical Center and improve the health and well-being of the communities it serves.

A Special Message from the Board of Directors

The Jefferson Cary Foundation Board of Directors would like to thank those individuals and groups whose generosity has aided the Foundation in our continued fundraising efforts. With your support the Foundation Endowment Fund met a milestone in 2017 reaching a goal of raising \$500,000. The principle of the Endowment Funds remains untouched and our new goal is to reach \$1 million to help finance health care projects in our community. Thank you again for your continued generosity, caring and support that makes a difference for so many, in so many ways, right here at home.

In 2018 the board bid farewell to Executive Director Mary Harrigan, wishing her well on her retirement, and welcomed new Executive Director Tamra Kilcollins. In 2019 the Board of Directors also welcomed new member Craig Staples.

To all of our donors, your continued support has been the key to our successful fundraising efforts. As always, thank you sincerely from the Foundation Board, hospital leadership, staff and physicians, all of us working and volunteering together, to be there when you need us.



JCF

Jefferson Cary Foundation

Foundation Director Leaves Legacy of Success

Mary Harrigan Leaves Post at Jefferson Cary Foundation



Mary Harrigan, who led the Jefferson Cary Foundation as its Executive Director for nearly two decades, retired in April, 2018, leaving the Foundation at a true high point of success. In addition to establishing the Executive Director position and managing a volunteer board of directors she helped to build an endowment fund of more than \$600,000 and total assets of nearly \$900,000.

Throughout her career with the foundation Harrigan has coordinated capital campaigns raising more than \$1 million dollars. The campaigns included the Center for Women and Children's Health, the Women's Imaging Center, and the Jefferson Cary Cancer Center. She began her work with the foundation as a member of the board of directors and was very involved with the foundation's first campaign that lead to the creation of the Chan Center. Named for the late Dr. Francis Chan, the County's first Orthopedic Surgeon, the Center has hosted hundreds of meetings and events over the past 25 years. Harrigan also coordinated the 'Cary Classic' Benefit Golf Tournament, which will celebrate its 37th year in 2020. Pam Scheppele, who served as President of the foundation's Board of Directors during most of her tenure said that Harrigan brought a steady hand and an organized approach to her work.

"Mary was very meticulous about acknowledging donors, keeping accurate records and making sure to remain on top of our investments and other financial issues. She was very dedicated to her work and has certainly established a legacy upon which we can build for generations to come".

A highlight of Harrigan's work with the foundation was the establishment of the 'Tree of Life' which is displayed in the main lobby of the hospital. The tree combines images of

bronze and brass to create a warm and elegant appearance. Donors reaching \$1,000 in donations to the foundation receive a leaf on the tree. Larger donations are recognized with stones that surround the tree. The effective recognition has been inspirational for many donors who make donations in memory or in honor of individuals.

Peter Doebeiner, now president of the Jefferson Cary Foundation Board, said that Harrigan has been so dedicated to her work that she will be hard to replace and will be missed.

"Cary Medical Center has this tradition of family", said Doebeiner who also sits on the Board of Directors at Pines Health Services. *"The Jefferson Cary Foundation has also taken on that sort of culture and over the years with a very solid board and where many of the directors have served for years you can't help but establish some powerful relationships. We had come to rely on Mary to guide the ship, often through challenging economic times and she has set a very steady course. We wish her the very best as she now gets to spend more time with her own family and celebrate a new grandchild. As an organization we are very grateful for her leadership".*

With uncertain times ahead, particularly for rural hospitals in America, the success of the Jefferson Cary Foundation has provided Cary Medical Center with the ability to add new infrastructure and to grow services including the new Jefferson Cary Cancer Center and the Women's Imaging Center. Kris Doody, RN, and Chief Executive Officer at Cary and Pines Health Services said that Mary Harrigan can leave her position knowing she has had a major impact on the future of the hospital.

"Having this permanent endowment now established and building towards \$1 million dollars, Mary created a legacy that we can now nurture over the coming years that will be a great asset for the hospital providing additional financial support to meet a growing demand for services", said Doody, who also sits on the Foundation board. *"She has also built great credibility and trust in our generous donors which is a critical factor in securing their future support."*

Tami Kilcollins, formerly with the Public Relations office at Cary, was appointed as the new Executive Director for the Jefferson Cary Foundation and began work in her new position in May, 2018. For more information on the foundation and how you can contribute contact Tami Kilcollins at 207-493-4849 or online at carymedicalcenter.org/giving.



I can't thank Mary enough for her help and guidance these past 18 months as I've taken on the role of JCF Executive Director. Mary has always been just a phone call away with answers to questions and a lending ear to chat about the Foundation. Her knowledge has been invaluable; I cherish our friendship and wish her all the best.

~ Tami Kilcollins

Craig Staples Joins the Jefferson Cary Board of Directors



The Jefferson Cary Foundation, (JCF) is pleased to announce the appointment of a new member on the Foundation's Board of Directors, as well as the full slate of officers and board members for 2019.

Joining the Board of Directors at their regular June meeting was Caribou native Craig Staples. With more than 35 years of experience in the financial services industry, Craig joined Katahdin Trust in 2005 as Assistant Vice President, Commercial Services Officer, and was promoted to Vice President, Commercial Services Officer in 2009. Prior to joining Katahdin Trust, Craig served as a loan officer with Aroostook Trust Company and Northern Maine Development Commission, and was a commercial lender for Fleet Bank. Active in his community, Craig is on the board of directors for both the Kiwanis Club of Caribou and the Caribou Economic Growth Council. He also serves on the Audit Committee for Gray Memorial United Methodist Church, and spent many years coaching Little League, youth recreational soccer and girls' softball in Caribou. Craig holds a Bachelor of Science Degree in Public Accounting from Husson University and resides in Caribou with his wife, Annette.

Craig joins JCF Board Officers, Peter Doebener, president; Norman Collins, treasurer; and members, Dr. Craig Small, Dr. Shawn Laferriere, David Wakem, Pamela Scheppele, Mary Ann Chasse, and Kris Doody, RN, CEO, Cary Medical Center and Pines Health Services. He replaces Kenneth Hensler, a long-time JCF board member who recently retired.

"Speaking for all of my fellow board members, we feel so fortunate that Craig has joined our group," commented JCF Board President Peter Doebener. *"Throughout his career he has embraced the spirit of community that we hold so strongly here at the Foundation and brings his talent, energy and expertise to the table. We look forward to working with Craig in our continued efforts of supporting Cary and Pines in providing the best healthcare services possible for patients in our region. And, we thank Ken Hensler for his dedication and service to the JCF Board and wish him all the best."*

Memorial Donations

The following donors have contributed to the Jefferson Cary Foundation between October 1, 2017 and September 30, 2019. We thank you for your donations and express our sincere gratitude for your support. Your thoughtfulness is so much appreciated.

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	Donors continued on page 5

Memorial Donations continued from page 4

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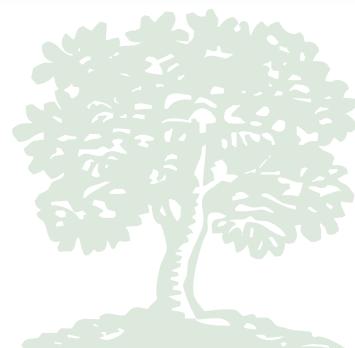
Please Note

Although we take great care in preparing our donor lists for publication, occasionally names can be omitted or misspelled.

If we have not reported your name correctly, kindly let us know so we can amend our records.

Thank you!

*Thank you
for your
generosity*



Special Thanks to the Following Sponsors Who Helped Make This Tournament Possible



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Thank you to Tim Hortons for the Coffee,
Donuts and Muffins



For the sixth consecutive year, Katahdin Trust Company was again the major sponsor for the 36th Annual Cary Classic Benefit Golf Tournament. Presenting the bank's generous \$5,000 sponsorship check from Katahdin Trust to JCF Board President Peter Doebener and Executive Director Tamra Kilcollins, (left), are (right), Peggy Smith, vice president, branch manager, and Craig Staples, vice president, commercial services officer with Katahdin Trust.

Michaud and Jose Take 36th Annual Cary Classic Titles



with an 18-hole low gross score of 73, before Michaud birdied the tie-breaking hole to win the \$300 grand prize for the men's Division I.

Emily Jose of Caribou, continued her dominance in the Ladies Division I, and earned the \$300 prize by finishing with a low gross score of 78. In addition to cash, the winners were presented with engraved glass bowls and glassware commemorating the 36th tournament and Cary Medical Center's 95th Anniversary.

The tourney serves as the largest fundraising event for the Jefferson Cary Foundation, (JCF), and for the 6th consecutive year, Katahdin Trust Company was the major corporate sponsor of the event. More than 50 other businesses contributed corporate and hole sponsorships and a number of other local businesses and individuals made cash donations or provided prizes.

"We can't thank all of our sponsors enough for their generosity, commented Tamra Kilcollins, JCF Executive Director. "Along with our sponsors there are so many people to thank; the crew at the Caribou Country Club, our Jefferson Cary Foundation board members and all of the other many volunteers that help to make it a great event. The course was in exceptional condition again this year for our golfers."

The winner of the Longest Drive for the men was Tom Towle and for the women was Emily Jose. The Closest to the Pin Prizes went to Steve Clark and Kris Doody for Hole #3 and Ralph Michaud and Betty Deveau for Hole #7. The new Closest to the Line prizes went to David LaFlamme and Judy Dombroski.

Approximately \$6,000 was awarded in gift cards and trophies and each golfer received a polo shirt sponsored by the Cary Medical Staff. A free barbecue served on the course during play by the Anah Shrine Clowns, and hors d'oeuvres served during the post play reception were enjoyed by the players and volunteers. Plans are already underway for the 37th playing of the Cary Classic in 2020.



The Cary Classic is made possible each year by many generous supporters, including major, corporate, hole and prize sponsors. United Insurance Kieffer Agency of Caribou is one of over 50 hole sponsors that support the annual benefit tourney. Here, presenting their hole sponsorship check for the 36th Annual Tournament to Tamra Kilcollins, JCF Executive Director, are, (from left), United Insurance Agency Manager Rob Kieffer; Tiffany Stewart, commercial lines account manager; Kilcollins; Joey Bard, account executive; Shelby Raymond, personal lines account manager, and Amy Espling, commercial lines account manager.



For the first time in tournament history, Cary Classic golfers had the chance at two Hole-In-One Par 3 Prizes; a 2019 Ford Escape sponsored by Griffeth Ford Lincoln and S.W. Collins Co.; and a 2019 Buick Encore, sponsored by Gary's Gagnon and RV Sales in Caribou. Pictured above with JCF Executive Director Tamra Kilcollins are Neil Griffeth, owner, Griffeth Ford Lincoln, and Gregg Collins, vice president, S.W. Collins Co., and below with Tami Kilcollins is Gary Gagnon, owner of Gagnon's Auto & RV Sales, with a 2019 Buick Encore



Ralph Michaud of Presque Isle won an exciting tie breaker with Jamie Leavitt of Millinocket, to capture the 36th Annual Cary Classic Benefit Golf Tournament held at the Caribou Country Club on Saturday, July 6th.

Michaud and defending champion, Leavitt, were tied

Annual Appeal 2017

**On behalf of the Foundation,
thank you for your support of
our Annual Appeal.**

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*Your Gift
 made a
 difference for
 so many in
 so many ways...*



Jefferson Cary Foundation

Annual Appeal



Annual Appeal 2018

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thank you for your support of
our Annual Appeal.**

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Bonnie Bouchard
Mark & Sandra Bouchard
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Betty Walker
Kent Ward
Kelly Wardwell, (In Memory of
Kevin Dee)
Robert White
Dr. Albert Whiting, Jr.
Warren & Barbara Winslow

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Donor Name(s) _____

Address _____

City, State, Zip _____

Phone _____

Please designate my gift to the:

- Jefferson Cary Cancer Center
- Unrestricted Fund (to be used where it is most needed)
- Endowment (the gift that lives forever)
- Scholarship
- Other _____

Thank you!

Please make checks payable to the Jefferson Cary Foundation. Receipts for income tax purposes are issued promptly following a one-time gift and once a year for gifts pledged over time.

My Gift is:

- In memory of a deceased friend, relative, or other
- In honor of a friend, relative, or other

His/Her name _____

Message _____

- In recognition of a special occasion (birthday, anniversary, etc.) _____

- Other _____

Send acknowledgment of my gift to:

Name _____

Address _____

City, State, Zip _____

- I wish to remain anonymous.

The Jefferson Cary Foundation accepts bequests or donations of real or personal property. For more information, call the Foundation office at (207) 493-4849.

Please cut out and return this form to:
Jefferson Cary Foundation
P.O. Box 89
Caribou, ME 04736

JEFFERSON CARY CANCER CENTER

Lister Knowlton VFW Auxiliary Post #9389 Donates to the Jefferson Cary Cancer Center



With the center's new chemotherapy rocking chair are (seated), 2019 Miss Caribou Grace Gallagher, and 2019 Little Miss Caribou Mallory Maynard; (standing, L-R), Kaitlyn Umphrey, RN; Shirley Dumas, Patricia Edgecomb, Cheryl Bossie and Jennifer Plant.

The Lister Knowlton VFW Auxiliary Post #9389 in Caribou, has sponsored the Miss Caribou and Little Miss Caribou pageants for the past several years, and have donated the proceeds raised by the event to the Jefferson Cary Cancer Center, (JCCC), through the Jefferson Cary Foundation at Cary Medical Center. This year's donation was \$1,500 and will be used to assist patients undergoing treatment. Auxiliary Post members have donated \$4,500 over the past three years with past proceeds used to purchase a new Chemotherapy Rocking Chair for patients.



On hand for this year's check presentation at the Jefferson Cary Cancer Center are, (L-R), Lister Knowlton VFW Auxiliary Members Shirley Dumas and Pageant Director Cheryl Bossie; 2019 Little Miss Caribou Mallory Maynard; 2019 Miss Caribou Grace Gallagher; Auxiliary President Patricia Edgecomb, presenting the check to Tamra Kilcollins, Jefferson Cary Foundation Executive Director; Kaitlyn Umphrey, RN, JCCC Patient Navigator and Chemotherapy Nurse; and Jennifer Plant, RN, JCCC Nurse Manager.



Jefferson Cary Foundation Purchases New Equipment for Cary Medical Center Outpatient Rehab. Services in Van Buren

The Jefferson Cary Foundation, (JCF), this year provided a \$6,000 donation to the Cary Medical Center Outpatient Rehabilitation Services Department to purchase a new treadmill for the Pines Health Services St. John Valley Health Center clinic. The new treadmill provides patients in the St. John Valley with access to new cardiovascular workout equipment and enhances vital rehabilitative therapy services in the community, eliminating travel to Caribou for patients needing those services.

Thanks to generous donor support, the Foundation has been able to fund many special projects at the hospital and Pines Health Services since it was organized in 1999.

With the new equipment at the Van Buren Clinic are (l-r), Tamra Kilcollins, JCF Executive Director; Peter Doebecker, JCF Board Chairman; Christine Helstrom, MSOTR/L, Cary Primary Charge of Rehab. Services, and Mike Hartford, PT, Cary Physical Therapist. Mike currently provides physical therapy services Monday – Friday at the St. John Valley Health Center clinic.



Thank you to the following individuals who contributed to their pledge to the fundraising campaign for the Jefferson Cary Cancer Center.

Bonnie Bouchard
April Caron
James Cavagnaro
Dr. Beth Ann Collamore
Kim Cousins
Dr. Irene Djuanda
Kris Doody
Angela Farley
Bill Flagg
Andrea Gallagher
Dr. Regen Gallagher & Dr. Shawn Laferriere
Diane Gove (In memory of Eric Gove)

Dr. Samuela Manages
Kimberly Martin
Stephen Mazerolle
Amy Michaud
Joan Michaud
Jennifer Plant
Pamela & Casey Scheppelle
Doris St. Hilaire & Colleen Sutherland
Kaitlyn Umphrey

Thank you to all of our very generous donors for supporting our project.



(L-R) Kaitlyn Umphrey, RN, Michelle Ayotte, RN; Dr. Allan Espinosa, Hematologist/Oncologist; Melinda Godin, MOC; Gabby McCrum, RMA and Jennifer Plant, RN



MEMORIAL SCHOLARSHIP AWARDS

Reuben and Annette Cote Family Memorial Scholarship Awarded to local Cary Medical Center Nurses

Because of a local family's generosity, caring and desire to give back, many nurses at Cary Medical Center have been supported with financial assistance to help further their nursing education over the past thirty years. Members of the Reuben and Annette Cote family originally established the Family Memorial Scholarship program in memory of Annette because of the wonderful care that she received during her hospitalization at Cary in the mid-1980's.

The scholarship has been awarded annually since the late 1980's to a Cary Medical Center employee furthering his/her education in the nursing field, with the funds administered by the Jefferson Cary Foundation, (JCF). As other members of the immediate family have passed, including siblings Freda "Sis" Cote Classy in 1999, Paul "Bert" Cote in 2005 and Alfred "Hap" Cote in 2008, the family has added to the scholarship and made it a Family Memorial.

"Even though the extended Cote family now resides in various locations throughout the United States, they generously continue to support the scholarship fund annually here at Cary," explained Tamra Kilcollins, JCF Executive Director. "Their commitment to the scholarship fund has continued each year to assist a recipient with continuing his/her nursing education. These wonderful gifts help make a difference for our nurses and patients right here at home, and we so appreciate their support."



Jefferson Cary Foundation

A nonprofit 501(c)3 fund raising organization created for the purpose of improving health care in Aroostook County.

For More Information

Please contact us for more information on how you can utilize your charitable giving to improve the quality of health care in your community.

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Receiving the 2017 Scholarship Award of \$750 is Tammy Susi, RRT, RN, of Caribou. Tammy was a Registered Respiratory Therapist at Cary and returned to college to further her education in the nursing field. She is a graduate of the Nursing Program at Northern Maine Community College and works in the Cary Emergency Department. Pictured with Tammy are (from left, Mary Harrigan, former JCF Executive Director; Darylen Cote, wife of the late Alfred "Hap" Cote, and daughter-in-law of Reuben and Annette Cote; Tammy, and Peter Doebecker, president of the JCF Board of Directors.



Linda White, LPN, received the \$750 scholarship award in 2018 from Darylen Cote on behalf of the Reuben and Annette Cote Family. Linda graduated as a Registered Nurse this May from the Nursing Program at Northern Maine Community College. Linda has been with Cary and Pines Health Services for about 13 years, starting as a Certified Nurses Aide, (CNA), and then a Licensed Practical Nurse, (LPN), and now works as a Registered Nurse, (RN), in the Jefferson Cary Cancer Center. With Darylen and Linda is Tamra Kilcollins, Executive Director of the Jefferson Cary Foundation, administrator for the scholarship fund.