

To our Patients, their Families and Friends, and Community:

Cary Medical Center is committed to being here to care for you. We are again updating certain parts of our visitor policy.

Visitors that are sick are asked to not visit the hospital. If you appear to be sick in any way our staff will ask you leave the hospital.

Visitors who have traveled outside the State of Maine in the last 14 days will be required to present a negative COVID-19 PCR test taken within 72 hours of return to Maine (***antigen tests are not accepted***) or show evidence of full COVID vaccination .

All patients and visitors will be asked to mask on entry and remain masked while in the hospital. Exceptions to this policy cannot be made, if you decline to wear your mask completely covering your nose and mouth, we will need to ask you to leave.

VISITATION POLICY - EFFECTIVE 8.26.2021

VISITORS ARE ALLOWED IN THE HOSPITAL ON A VERY LIMITED BASIS AS FOLLOWS:

Emergency Department (ED) & Inpatient Units:

- 1) In the ED, ICU, and ACU there will be **NO visitors**. Exception for a minor child or an adult that does not have the capacity to make their own decisions that is a patient, they may have one parent or guardian with them.
- 2) In the OB unit each patient may designate **ONE person** who may visit throughout the course of the patient's stay. We ask that all other people visit by technology only.
- 3) No visitors under the **age of 12**.
- 4) No one who is sick, even if you only have a sniffle, may be a designated visitor.
- 5) End of life care situations will be handled on a case-by-case basis.

One Day Surgery:

- 1) Each patient may designate **ONE person** that can accompany them into One Day Surgery and wait with them for surgery. Once the patient moves to the procedure/operating room, the visitor will need to leave and then may return to be with the patient once they are notified by One Day Surgery staff to return.
- 2) No visitors under the **age of 12**.
- 3) No one who is sick, even if you only have a sniffle, may be a designated visitor.

Outpatient Areas:

- 1) Please **reschedule your visit or testing** if you are sick, even if it is only a sniffle, unless your doctor thinks it is important that you have your test immediately.
- 2) Please **do not bring others with you**, regardless of their age, to outpatient testing appointments, labs, radiology, or other similar visits.
 - a. Exception for those with physical handicaps that require assistance to move through the facility, you may have one person with you for that purpose.
 - b. Exception for a minor child or an adult that does not have the capacity to speak or make their own decisions that is a patient, they may have one parent or guardian with them.
 - c. Exception for one person to accompany a patient for obstetric ultrasounds.

In all areas, persons under the age of 12 are not permitted unless they are the patient.

The health of our patients and staff is our top priority. We realize that these restrictions may cause challenges, and we are sorry for any inconvenience or difficulties they may cause.

For all units please wash your hands before entering the room and before leaving the facility.

Thank you for your understanding and attention to these changes.
We are committed to only keeping these changes in place for as long as necessary.



Creating Healthier Communities