

To our Patients, their Families and Friends, and Community:

Cary Medical Center is committed to being here to care for you. Given the increased number of cases in Aroostook county at this time we are updating our visitor policy. We appreciate your understanding.

Visitors that are sick are asked to not visit the hospital.
If you appear to be sick, our staff will ask you leave the hospital.

Visitors who have traveled out of state in the last 14 days must follow Maine CDC guidelines and will be required to present a negative COVID-19 PCR test for entry.

All patients and visitors will be asked to mask on entry and remain masked while in the hospital. Exceptions to this policy cannot be made, if you decline to wear your mask completely covering your nose and mouth, we will need to ask you to leave.

VISITATION POLICY - EFFECTIVE 1.6.2021

NO VISITORS ARE ALLOWED IN THE HOSPITAL WITH THE FOLLOWING EXCEPTIONS:

All inpatient units and the ER:

- 1) Minor children may have one parent/guardian with them. The designated parent/guardian must remain in the hospital with the minor for the entire hospitalization and may not come and go.
- 2) Women admitted in labor may designate one support person who must remain in the hospital for the patient's entire stay and may not come and go.
- 3) End-of-life care situations will be handled on a case-by-case basis.

In outpatient areas:

- 1) Please **reschedule your visit or testing** if you are sick, even if it is only a sniffle, unless your doctor thinks it is important that you have your test immediately.
- 2) Please **do not bring others with you**, regardless of their age, to outpatient testing appointments, labs, radiology, or other similar visits.
 - a. Exception for those with physical handicaps that require assistance to move through the facility, you may have one person with you for that purpose.
 - b. Exception for a minor child or an adult that does not have the capacity to speak or make their own decisions that is a patient, they may have one parent or guardian with them.
 - c. Exception for one person to accompany a patient for obstetric ultrasounds.

In all areas, persons under the age of 16 are not permitted unless they are the patient.

The health of our patients and staff is our top priority. We realize that these restrictions may cause challenges, and we are sorry for any inconvenience or difficulties they may cause.

For all units please wash your hands before entering the room and before leaving the facility.

Thank you for your understanding and your attention to these changes.
We are committed to only keeping these changes in place for as long as absolutely necessary.



Creating Healthier Communities