



# Community Wellness Fair

HOLY ROSARY PARISH CENTER, CARIBOU

Please call (207) 498-8844 to Schedule an Appointment  
Home Visits Available by Appointment

**MONDAY, APRIL 19: 8:30AM-5PM - ADULTS/SENIORS**

**TUESDAY, APRIL 20: 8:30AM-5PM - ADULTS/SENIORS**

**THURSDAY, APRIL 22: 8:30AM-5PM - ADULTS/SENIORS  
10AM-3PM - PARENTS & CHILDREN**

## Health Screenings Available:

- Blood Pressure Checks
- Glucose Checks
- Eye Evaluations for Reading Glasses
- Fall and Safety Screening

## Educational Opportunities Available:

- Nutrition & Healthy Living
- Mental and Spiritual Health Support
- Chronic Disease Management
- Pain Management
- Dental Hygiene for Children and Adults
- Career Development Counseling Thursday from 2p-4p
- Parents & Children Free diapers, formula, and baby wipes will be available

