



Community Wellness Fair

ST. DAVID PARISH CENTER, MADAWASKA

Call Notre Dame Parish Office (207) 728-7531
to schedule appointment

FRIDAY, APRIL 23

8:30AM-5PM FOR ADULTS/SENIORS

10AM-3PM FOR PARENTS & CHILDREN

HOME VISITS BY APPOINTMENT

Health Screenings Available:

- Blood Pressure Checks
- Glucose Checks
- Eye Evaluations for Reading Glasses
- Fall and Safety Screening

Educational Opportunities Available:

- Nutrition & Healthy Living
- Mental and Spiritual Health Support
- Chronic Disease Management
- Pain Management
- Dental Hygiene for Children and Adults
- Parents & Children: Free diapers, formula, and baby wipes will be available

