Cary Medical center continues to make every effort to improve health equity and decrease disparities caused by the social determinants of health. We continue to assess the needs of our patients with every admission to the hospital. Cary Medical Center continues to utilize our existing resources in our communities to reduce and eliminate disparities in health for excluded or marginalized groups. We realize that these issues affect many that we do not see here at Cary Medical Center and want to share the resources we have with you.

# **Local Resources for Food**

Purple Ladle-One hot meal a week call Sharon Berz-551-5672 or Cheryl Stratton at 325-4870

Soup Kitchen in Caribou-493-4858

Food Pantry in Caribou (Tuesday and Thursdays)-493-4860

Local Churches-United Baptist church in Caribou and the Catholic and Methodist church in Limestone

The Raven Center in PI-762-1233 free food and clothing

### **Clothing Resources**

Fort Fairfield housing –Joyce Day -207-215-1968-free clothing

ACAP-Presque Ilse- free clothing

Good Samaritan thrift shop--207-498-8655

The Raven Center in PI-762-1233 free food and clothing

### Child Care

Childcarechoices.me on line and you may call 1-877-680-5866

#### Phone Resources

For Mainecare recipients -Safe Link-1-800-723-3546

## **Transportation Resources**

(ARTS) Aroostook Regional Transportation- 207-764-5246

Motive Care (Mainecare recipients only)-1-877-659-1302

(CARS) County Area Ride Services- 207-551-5672

County Ride (Requires a Mental Health Diagnosis) - 1-800-866-2081

#### **Housing Resources**

VA Homeless Coordinator- Daniel Mayer- 207-250-1743

Hope and Prosperity Center Presque Ilse (helps with permanent housing)-207-764-4125

Homeless shelter in Presque Ilse- 207-746-4125

ACAP-Homeless Coordinator- 207-764-3721

For more resources in all areas listed above and for Mental Health/Vision care/Dental/Medical/Utilities you can also go online at Fine help.com and 211. You may also call 211.

For Pines patients Jessica Boulier is the outpatient Case Manager at 207-498-6921 and Katrina Bragg at 562-418-5086

Town Offices may be called as well as the can offer assistance with different resources.

AAA also has a wealth of resources at 207-764-3396

Veterans may also call the National Call Center for Homeless Vetrerans-1-877-424-3838